



SOFIA INSUA

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TV AND FILM

Orange is the New Black
Alternatino
The Mark
Deadline
Genius Loci
Fricasse
Thinking Out Loud
Temblores

Co-Star
Guest Star
Lead
Lead
Lead
Lead
Supporting
Casting Director Assitant

Netflix / Lady Prison Productions
Comedy Central / 50/50 Productions
NYU Short Film
NYU Short Film
IED Madrid
Brooklyn College
School of Visual Arts
La Casa de Producción

THEATER / PERFORMANCE

I FEEL U
Anatomalia
The Feeling is Mutual
Gone Viral
Rise/Fall (Devised Theatre)
Bacchae
Black Forests (Bertolt Brecht)

Co-Creator/Lead
Movement specialist
Co-Creator/Lead
Co-Writer/Lead
Host/Chorus
Greek Chorus
Bertolt's Mind

HAU Residency / Lake Studios / Berlin
Rechenzentrum, Potsdam, DE / Meagan O'Shea
HAU Hebbel am Ufer Residency / Berlin
Around the Globe in Eighty Plays/London *
WIT-Gural Theatre NYC
Columbia University NYC
Columbia University NYC

CONSERVATORY THEATER

The Winter's Tale
Anon(ymous)

Florizel
Naja

AADA NYC / Barbara Rubin
AADA NYC / Sheila Bandyopadhyay

COMMERCIALS

McDonald's
UNICEF
Banco Industrial
#WomenCrushMusic
Kellogg's

Lead
Lead
Lead
Lead
Featured

Miami, FL / National Campaign
New York City / UN Headquarters
La Casa de Producción GT/Jayro Bustamante
New York City
Guatemala / Agencia AF Producciones

VOICE - OVER

United Nations' UNFPA
UNICEF Alternative Care
UNICEF Disability Peru

Promo Video
Dubbing (ENG to SPANISH)
Dubbing (ENG to SPANISH)

Highway - Child Films
Highway - Child Films
Highway - Child Films

MUSIC VIDEOS

Katana / Easy Easy
Nublado / Threeeyes / Look at Me

Lead
Lead

NETFLIX "Gentified" Ep 2 Temp. 2
Easy Easy | Nero Productions

TRAINING

American Academy of Dramatic Arts | Manhattan
Actores Madrid | Juanma López
Producciones Angelica Rosa

Two Year Conservatory Degree (NYC)
Acting for the Camera (MADRID, SPAIN)
Associate Degree in Performing Arts (GT)

SKILLS / ACHIEVEMENTS

Spanish (native), English (fluent), Italian (fluent). Trained in IPA - accent upon request. Recording artist with two #1 hits in Guatemala's pop chart (*Big City Dreams* - 1.9 Million streams on Spotify). Lead singer and composer of ERA C - song featured in Warren Miller's Daymaker film, and of Easy Easy - Album "Lo Veo Todo (Lo Siento)" selected as one of the **best of 2018 in Latin America by Noisey x Vice**. Featured on MTV Latin America. John Lennon Songwriting Contest Finalist. Artistic Research. Dance (Latin, jazz, tap), boxing, yoga, track, styling.